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65th Annual Scientific Session & Expo

Short and Long Term Effects of Benznidazole, Posaconazole, Monotherapy and their Combination in Eliminating Parasites in Asymptomatic *T. cruzi* Carriers: Study of use of Oral Posaconazole on the Treatment of asymptomatic chronic CHAGAS disease (STOP-CHAGAS)

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AT THE
INTERSECTION
OF SCIENCE
& CHANGE

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Short and Long Term Effects of Benznidazole, Posaconazole, Monotherapy and their Combination in Eliminating Parasites in Asymptomatic *T. cruzi* Carriers:

Study of use of Oral Posaconazole on the Treatment of asymptomatic chronic CHAGAS disease (STOP-CHAGAS)

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Disclosures

- STOP-CHAGAS was funded by Merck Sharpe & Dohme
- Study conducted and data base managed and analyzed by the Population Health Research Institute-HHSC, McMaster University, Hamilton, ON, Canada



Rationale

- Chagas disease is due to infection with *T. cruzi* and is among the largest tropical disease burden in the western hemisphere.
- Between 5.7 to 9.4 million people are chronically infected with *T. cruzi* and the vast majority are in the indeterminate form of the disease (i.e. no evidence of cardiac involvement).
- 17 million Latin American immigrants in 2007, 340,000 of whom were potentially infected by *T. cruzi*, and approximately 65,000 may develop symptomatic CD, in the U.S.A.



Rationale

- Available treatment include Benznidazole (BNZ) & Nifurtimox but cure rates in chronically infected subjects in the indeterminate stage range between 10-50%.
- Etiologic treatment in *T. cruzi* infected adults over the age of 18 years remains controversial.
- Posaconazole (POS) has demonstrated experimental and clinical trypanocidal activity. However, a recent trial demonstrated high rates of treatment failure with POS monotherapy.



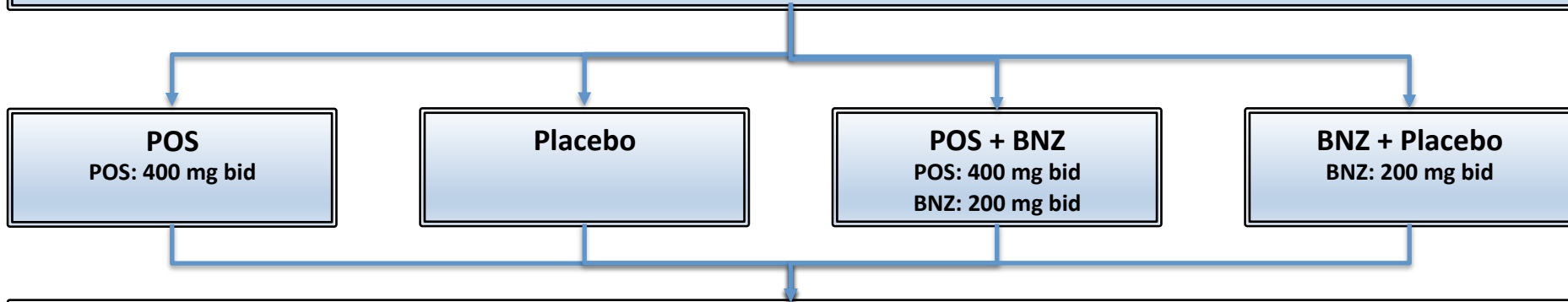
Objectives

- To evaluate the efficacy of POS compared to Placebo and either BNZ monotherapy or combined with POS as determined by the proportion of negative real time polymerase chain reaction (RT-PCR) after 180 days.
- To evaluate the efficacy and safety of POS vs. Placebo or BNZ, and BNZ+POS at 30, 60, 90, 180 and 360 days.



Study Design

Asymptomatic *T. cruzi* infected subjects (Chagas (Indeterminate Form))
Aged 18 to 50 years, ≥ 2 positive serological tests for *T. cruzi*, normal ECG & Echocardiogram



End of Treatment Visit (Day 60) + Follow-up Visits at 90, 120, 150, 180 and 300 days post Treatment

Primary Outcome: proportion with a successful response (conversion RT-PCR) for POS vs placebo and each active arm of either monotherapy or combined therapy of BNZ or POS in reducing parasitemia by determining treatment response as measured by RT-PCR at day 180.

Secondary Outcomes: proportion with a successful response (conversion RT-PCR) for POS vs placebo and each active arm of either monotherapy or combined therapy of BNZ or POS in reducing *T. cruzi* DNA detection by determining treatment response as measured by RT-PCR at 360 days. Safety monotherapy & combination therapy.

Study Procedures

- 60 day treatment period with follow-up to Day 360
- Adverse events, ECG, liver function tests during treatment period
- Blood samples for RT-PCR to detect *T. Cruzi* DNA & 30, 60, 90, 120, 150, 180, & 360 days
- Blood samples for POS pharmacokinetics



Study Treatments

1: POS	Posaconazole 400 mg (10 mL) BID
2: PLA	Posaconazole-placebo 10 mL BID
3: BNZ + POS	Benznidazole 200 mg BID + Posaconazole 400 mg BID
4: BNZ + PLA	Benznidazole 200 mg BID + Posaconazole-placebo 10 mL BID

A randomized, active- and placebo-controlled, POS single-blind but BNZ open-label study of a single dose level of POS given either as monotherapy or in combination with BNZ, in subjects with a diagnosis of asymptomatic chronic Chagas disease.



CANADA



**Global Coordinating Center:
Population Health Research Institute**

PCR
MSD Rahway, NJ, USA **Spain (10)**

Mexico (1)

Colombia (3)

Guatemala (2)

Chile (11)

Argentina (93)

Recruitment

6 Countries

19 Centres

393 Screened

120 Randomized

between 2011-2013



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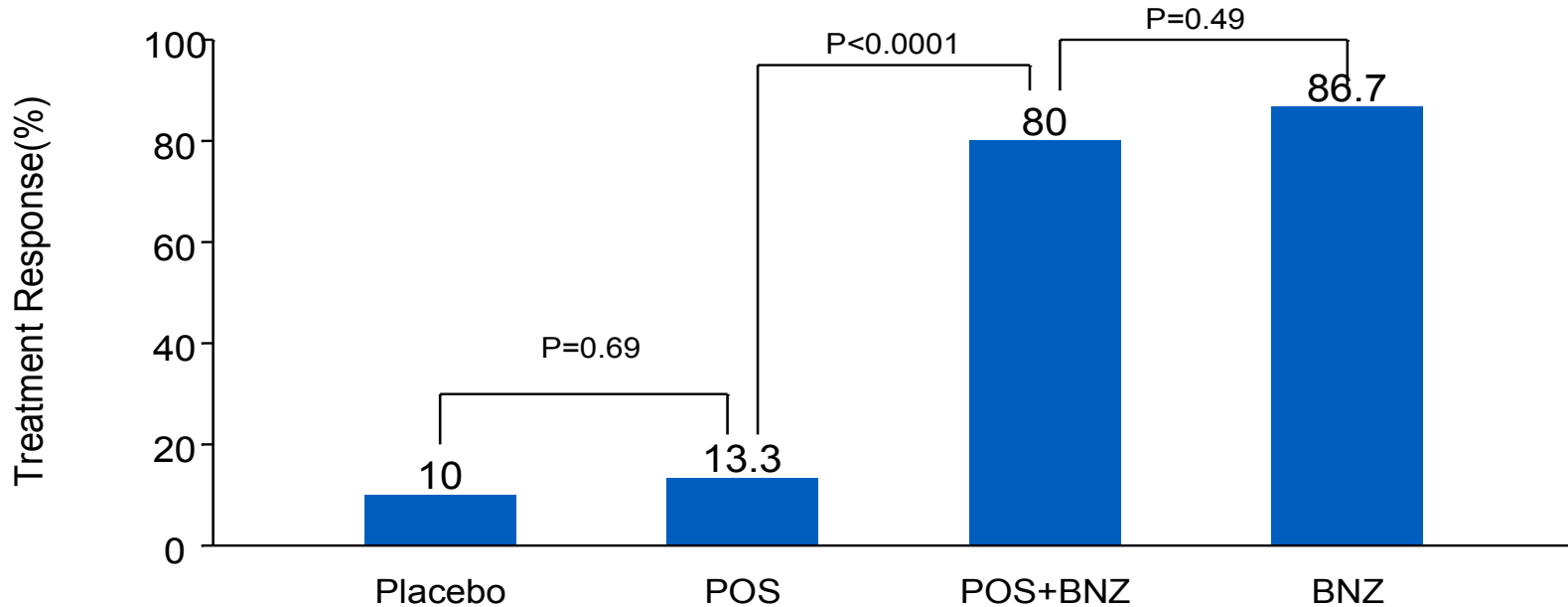
Baseline Characteristics

Characteristic	Posaconazole N = 30	Benznidazole N = 30	POS + BNZ N = 30	Placebo N = 30	P Value
Gender (male %)	50%	43.3%	53.3%	76.7%	0.0524
Mean Age (years)	38.7	38.1	37.6	38.7	
BMI	28.0	28.5	27.6	27.8	
LVEF%	64.6 ±7.0	65.2±7.2	63.9±8.7	66.9±8.3	0.5136
PR Interval ms	158.6±22	155.2±21.1	159.8±19.2	161.7±19.2	0.6617
QTc (Bazzett) ms	419.4±19.4	421.1±18.6	420±14.7	412.3±20.7	0.2253



Primary Outcome

Proportion of subjects with persistent negative RT-PCR by day 180



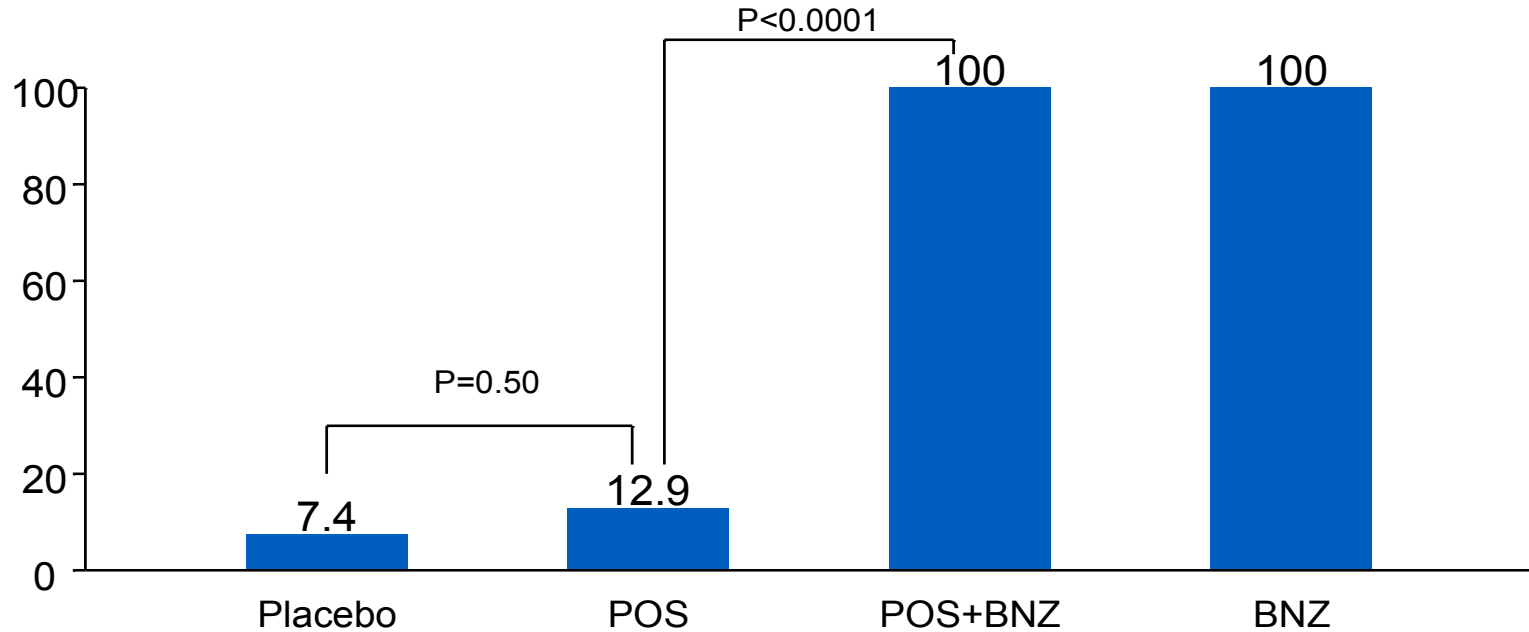
Intention-to-treat Analysis



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Primary Outcome

Proportion of subjects with persistent negative RT-PCR by day 180

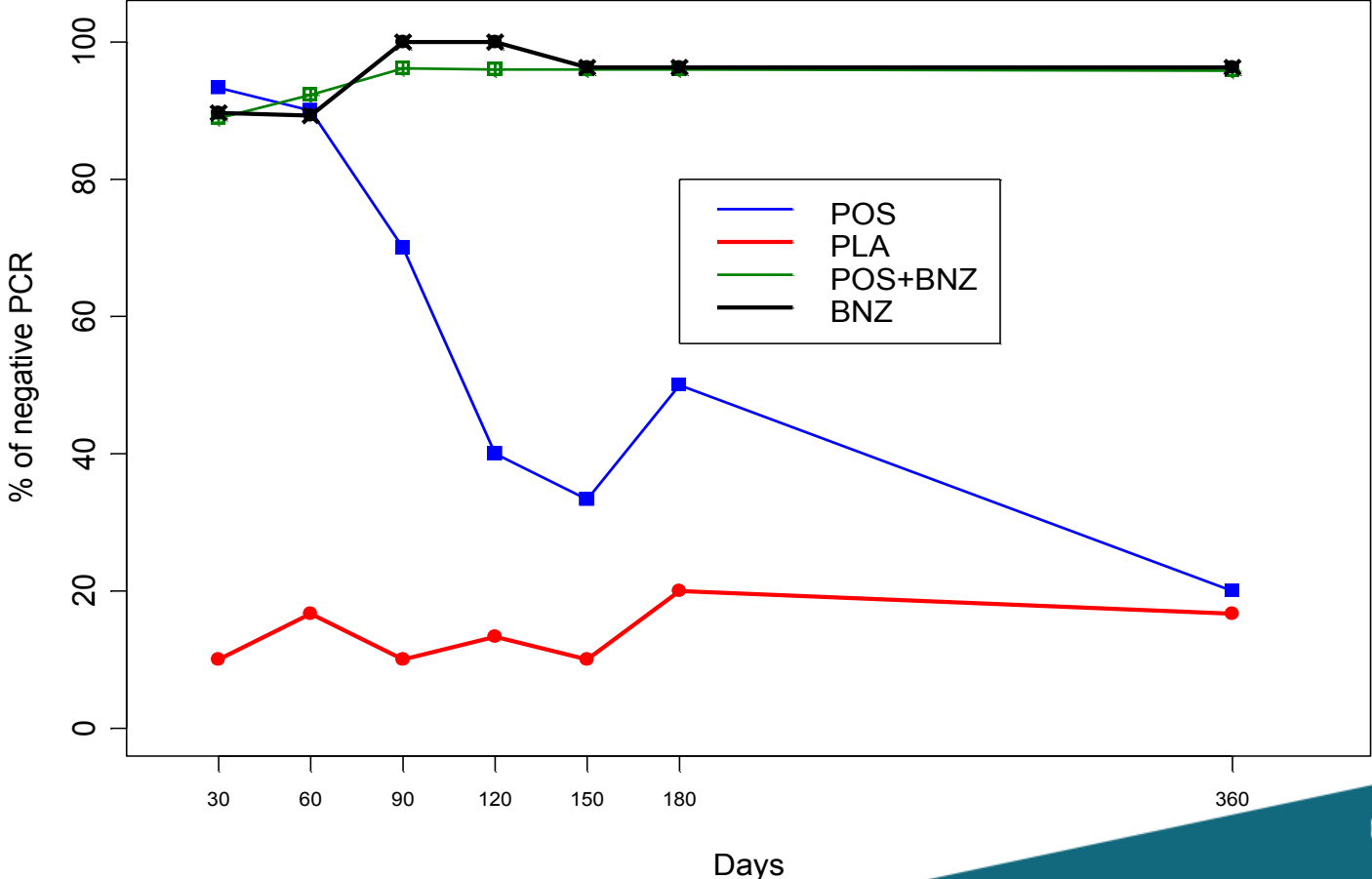


Per-protocol Analysis



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RT-PCR Treatment response



Safety Outcomes

	POS N (%)	Placebo N (%)	POS+BNZ N (%)	BNZ+Pla N (%)	P Value
Treated Patients (N)	32	30	28	30	
Any adverse event	20 (62.5)	15 (50.0)	22 (78.6)	26 (86.7)	0.010
Cutaneous reactions	2 (6.3)	3 (10.0)	12 (42.9)	18 (60.0)	<0.0001
Gastrointestinal disorders	12 (37.5)	5 (16.7)	10 (35.7)	8 (26.7)	0.260
Nervous system disorders	4 (12.5)	3 (10.0)	9 (32.1)	10 (33.3)	0.042
Randomized Patients (N)	30	30	30	30	
Permanent discontinuation of POS/PLA	0	1 (3.3)	9 (30.0)	10 (33.3)	
Permanent discontinuation of BNZ	-	-	9 (30.0)	10 (33.3)	



Conclusions

- POS demonstrated significant trypanostatic action against *T. cruzi* infected asymptomatic carries but no sustained trypanocidal effect was demonstrated.
- Monotherapy with Benznidazole is superior to Posaconazole with high RT-PCR (>90%) conversion rates that are sustained at 1 year.
- Combination therapy did not provide any further efficacy or safety advantages compared to Benznidazole monotherapy.
- Benznidazole trypanocidal activity was strong and by 30-days of treatment therapeutic response was > 90% with few treatment failures that were sustained at 1 year.



Conclusions

- Permanent Benznidazole discontinuation was high (32%).
- These findings suggest that shorter treatment durations i.e. 30-days should be assessed and lower Benznidazole doses tested possibly in combination with newer trypanocidal agents.



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Steering Committee:

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Data Monitoring Committee

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